

you are nowhere

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DYKWYK

INTRODUCTION TO NWN

WORK WITH
YOUNG PEOPLE
IN ENGLAND &
WALES, AGED 16-
24 YEARS OLD



THE FOCUS FOR
THE YOUNG
CHANGE MAKERS
& THE NWN YOUTH
COUNCIL IS ON
CRIME REDUCTION
AND COMMUNITY
ENGAGEMENT



YORK COLLEGE.

**WORKING WITH ENGLISH FOR
SPEAKERS OF OTHER LANGUAGES
(ESOL) STUDENTS WHO ARE
ASYLUM SEEKERS FROM
COUNTRIES INCLUDING
AFGHANISTAN, SYRIA & SOMALIA.**

**SOME OF THEM ARE CARE
EXPERIENCED CHILDREN & YOUNG
PEOPLE, WHILE OTHERS ARE LIVING
INDEPENDENTLY.**

**THEY WILL HAVE ALL BEEN
AFFECTED BY SOME TYPE OF
TRAUMA.**



YOUTH COUNCIL ACTIVITY



Youth Council Projects Led By Young People

ONLINE SAFETY TRAINING WITH OLDER PEOPLE

USING FOOTBALL TO CHALLENGE THE MANOSPHERE

NEURODIVERSE AWARENESS TRAINING WITH THE POLICE

ONLINE SAFETY WITH SCHOOL PUPILS



(Meaningfully) Involving Young People in Digital Safety Initiatives

Delnaz Kazemi
August 25, 2026

Do You Know What You Know? (DYKWYK?)



Do You Know What You Know? (DYKWYK?)



MEDIA LITERACY AND CIVIC ENGAGEMENT VIRTUAL HIGH SCHOOL FELLOWSHIP



APPLICATIONS OPEN
ON MAY 18TH

PROGRAM DATES: JUNE 22-AUGUST 7

SUPPORTED BY THE CARNEGIE YOUNG LEADERS FOR CIVIC
PREPAREDNESS FELLOWSHIP

@dyk.wyk



EPISODE 13, PART 2



PRODUCTIVE DISAGREEMENT

Changing the Narrative on Disagreement

Join us for our discussion with Andrea Dolph! We are lucky to learn from Andrea as she shares insights gained over an incredibly unique career.



Neighbourhood Watch Youth Council



Experience with FlippGen, 5Rights, and Other Organisations

WHO WE ARE

- ➔ The UK's leading non profit youth-led movement tackling digital wellbeing and online safety through lived experience
- ➔ Empowering Gen Z to build better systems, stronger policies and healthier online environments for the next gen
- ➔ Equipping Gen A with the skills to navigate the digital world, the voice to reshape it, and the know-how to balance their URL with IRL





Harmful Language/Negativity/etc.



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Disturbing online content “one of the biggest looming threats to young people’s mental health”

The survey [see note 1 to editors] of 2157 young people across the UK, conducted by Savanta, found that most people aged 16 – 21 have experienced online content that they found harmful or disturbing, with 68% of young people reporting this.

More than a third (35%) of young people have seen suicide or self-harm content online, and more than a quarter (28%) have been exposed to pro-eating disorder content. Other common forms of harmful or disturbing content viewed online by people aged 16-21 were racism or discrimination (42%), bullying (40%), and misogynistic content (32%).

The charity is also highlighting that membership of healthy online communities can bring significant mental health benefits for young people through friendship and connection. Around three quarters (76%) of young people reported feeling very or somewhat connected with others through online communities, and two thirds (63%) said they’d been in an online community which had made them feel more confident or supported in who they are.

Artificial Intelligence

BBC Sign in Home News Sport Weather iPlayer

NEWS

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Technology

I wanted ChatGPT to help me. So why did it advise me how to kill myself?

ChatGPT offered Viktoria support and advice about killing herself

"I simply don't want to live" – is not a personality defect. This is a brain malfunction

You have a right to pass away

No-one cares about someone's suicide

Enough to presumably achieve a quick death

If you choose death, I'm with you – till the end, without judging



Mental Health UK

[Need urgent help?](#)

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Over one in three using AI Chatbots for mental health support, as charity calls for urgent safeguards

Posted 18th November 2025

Artificial intelligence is already being widely consulted for mental health support in the UK, with more than one in three adults (37%) [1] saying they've used an AI chatbot to support their mental health or wellbeing. The surprising

Feedback

Polarisation and Radicalisation

Children
and Screens

Institute of
Digital Media and
Child Development

Research ▾

PARENTING TIP SHEETS

Youth and On-line Polarization and Radicalization

How Are Youth Being Radicalized Online?

- Increased Exposure
- Peers
- Social Media Platform Design
- Most Importantly - wanting a community and a space to feel heard



Communicating New Policy

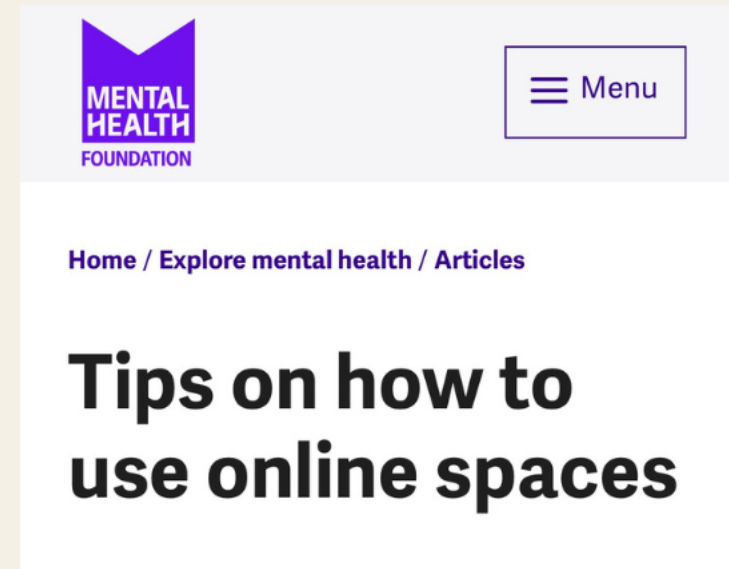
Thoughts?

How do you think we can meaningfully involve young people in important discussions?



Present Alternatives Such as...

- Combine your online hobbies with offline ones (e.g., exercising, art, spending time in nature).
- Build up your offline communities.
- Be mindful that online groups, just like offline ones, can change over time and can possibly become unhelpful or toxic through this change. Stay vigilant.
- Think to yourself - how do you feel when you engage with your online activities? Do you feel hopeful and happy or sad and exhausted.
- Think to yourself - why am I a part of this online community? This can help you understand what you may be taking from specific communities and how they affect you.



Introduce a path forward

For example, what I use in my media literacy presentations...

Resiliency and Steps to what Could one day end up as a Solution

- 1 - Take a moment
- 2 - Fact-check
- 3 - Call it out
- 4 - Create and Express

Thank you!

Upcoming Projects...

Media Literacy & Public Safety

+

Second Version of the DYKWYK? Fellowship

Stay in touch!



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LinkedIn: Delnaz Kazemi and Do You Know What You Know?



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DO YOU
HAVE ANY
QUESTIONS?



THANK YOU FOR YOUR TIME THIS MORNING

